

BRG INSIDER

The "What's What" in Diversity in **July**

"Inclusion in Action"



Don't forget to
Subscribe to the D&
YouTube Channel to
view recordings of our
events!

*"If we want a beloved community, we
must stand for justice, have
recognition for difference without
attaching difference to privilege."*

bell hooks | Author, Activist, Poet, Feminist, Educator

Last Month's
BRG Insider Recap

If you missed last month's
edition of the BRG Insider,
please click**here**
to catch up on events,
resources, and more with our
BRGs!

UPCOMING EVENTS



HIS-LAT BRG
7/7

Topic: Hello Summer Mixer at
Community Brewing.
Time: 5PM - 8PM



WOMENS BRG
7/12

Topic: One Italian Summer Club
Discussion
Time: 12PM - 1PM



API BRG
7/14

Topic: Social at ArtPark at Trinity
Groves
Time: 4:30PM - 6:30PM



VET BRG
7/21

Topic: VET Talk: Onward to
Opportunity
Time: 12PM - 1PM



VET BRG
7/28

Topic: Monthly Mixer at
Community Beer
Time: 4:30PM - 6PM



JULY IS MINORITY MENTAL HEALTH AWARENESS MONTH

Our friends in the Office of Faculty Wellness, in partnership with the Employee Assistance Program, invites you to increase your awareness of the unique mental health struggles that racial, ethnic, and LGBTQ minority communities face in the United States.

Taking on the challenges of mental health conditions, health coverage, and the stigma of mental illness requires all of us. Check out the Bebe Moore Campbell National Minority Mental Health Awareness Month schedule of events and new faculty resources using the link below.

[Click to learn more](#)

GLIMPSES OF JUNETEENTH CELEBRATIONS

KEEP UP THE DREAM: JUNETEENTH NEIGHBORHOOD CLEAN UP

June 18th at Fair Park in partnership with the South Side Quarter Development Corporation



June 17th at the CUH Pavilion

AAE BRG CELEBRATION OF JUNETEENTH



GLIMPSES OF PRIDE CELEBRATIONS

PRIDE BRUNCH & DALLAS PRIDE
PARADE

LGBTQ+ BRG PRIDE
CELEBRATION



GLIMPSES OF PRIDE CELEBRATIONS

SIGNATURE EVENT & SERVICE
EVENT (Resource Center)

LGBTQ+ BRG PRIDE CELEBRATION



LAST MONTH'S BRG MENTORSHIP PROGRAM RECAP

Takeaways from June Leadership Circles with Erin Sine - "How to Integrate Life and Work for Personal and Professional Success"



Erin Sine, J.D.
Vice President,
Legal Affairs

- Make a habit of asking yourself as an ongoing exercise to recalibrate and make adjustments as you grow in your career: *What is my time worth? Are there things that I want to spend my time on? What wasn't worth my time?*
- Prioritizing effectively allows you to understand the difference between being busy and being productive.
- Prioritizing needs you to be realistic and honest with yourself about what is on your plate, what are the expectations that you have to meet in work and life and, what you need to reduce or step back from.
- Know your village. Be realistic about who is your support system at work and in life and what does that support look like.
- Are you available? Sometimes we need to be vulnerable and ask for help, adjustments and support from colleagues to uphold our work life integration.
- A hybrid work environment requires an intentional commitment to balance between our need for social interactions and flexibility to do our best work.
- It is important for leaders to be seen as whole people who are authentic and transparent about how they balance and set their priorities and integrate their work and life. This establishes trust and deepens a sense of belonging for everyone on the team.



VET BRG LANDING ZONE PROMOTION CEREMONY

May 13, 2022



The Armed Forces Landing Zone is an organization that consists of and serves to represent students who have chosen to devote themselves to the medical service of our nation's military. This year, the Veterans BRG had the honor of supporting a member of the Armed Forces Landing Zone in promoting Second Lieutenant Andrew Aboujaoude to the rank of Captain before he left for his residency training in Columbia for Anesthesiology.



To successfully complete his medical and military training, Andrew had many faculty and community members to thank for their mentorship, guidance, and support on his journey over the past four years and were recognized with the Veterans BRG Challenge Coin. Pictured: Dr. Kevin Cline, Dr. MaryJane Pearson, Dr. Jennifer Deacon, and Dr. Daltry Dott.

As part of the ceremony, Captain Andrew Aboujaoude renewed his oath of commissioning as an officer in the Armed Forces with Major Kimberly Jones. Andrew's rank was pinned on him by his family members who were able to join him in this joyous occasion.



UPCOMING DIVERSITY & INCLUSION TRAINING

Inclusive Team Building – Pt. I & II (90 minutes each)

Dates & Times

JULY 2022

Fridays from 10:20 AM to 12 PM

SEPTEMBER 2022

Fridays from 10:30 AM to 12 PM

NOVEMBER 2022

Fridays from 10:30 AM to 12 PM

Listings in Taleo Learn

[7.1.22 - Inclusive Team Building - Part 1](#)

[7.8.22 - Inclusive Team Building - Part 2](#)

[9.22.22 - Inclusive Team Building - Part 1](#)

[9.29.22 - Inclusive Team Building - Part 2](#)

[11.10.22 - Inclusive Team Building - Part 1](#)

[11.17.22 - Inclusive Team Building - Part 2](#)

Navigating the Multigenerational and Multicultural Workplace (90 min)

Dates & Times

Thursday, July 14th - 9 to 11 AM

Friday, September 16th - 9 to 11 AM

Friday, November 4th - 9 to 11 AM

Listings in Taleo Learn

[7.14.22 - Navigating the Multigenerational and Multicultural Workplace](#)

[9.16.22 - Navigating the Multigenerational and Multicultural Workplace](#)

[11.4.22 - Navigating the Multigenerational and Multicultural Workplace](#)

Diversity for All Staff (3 hours)

Dates & Times

Thursday, Aug. 4th – 9 AM-12 PM

Thursday, Oct. 20th – 9 AM-12 PM

Listings in Taleo Learn

[8.4.22 - Diversity for All Staff](#)

[10.20.22 - Diversity for All Staff](#)

Affirming Gender Identity and Expression in the Workplace (2 hours)

Dates & Times

Friday, Aug. 12th – 9 to 11 AM

Friday, Oct. 14th – 9 to 11 AM

Listings in Taleo Learn

[8.12.22 - Affirming Gender Identity and Expression in the Workplace](#)

[10.14.22 - Affirming Gender Identity and Expression in the Workplace](#)

[Search Trainings in Taleo](#)

AKANSHA SHAH RECEIVES THE IDA M. GREEN AWARD FOR STUDY ON PEDIATRIC TUMORS



Senior graduate student Akansha Shah has been awarded the 2022 Ida M. Green Award for leadership achievements along with her research work to understand development of the childhood muscle tumor rhabdomyosarcoma and the basis of heart regeneration in newborn mice. These findings were published in the high-impact journals PNAS, Developmental Cell, and Cell Reports. This honor is presented annually by Southwestern Medical Foundation to one female student in the UT Southwestern Graduate School of Biomedical Sciences to recognize the student's scientific endeavors and commitment to the UTSW community.

[Read more here.](#)

RECORDING OF PRIDE MONTH KEYNOTE BY JAMIE ALMANDOZ IS NOW AVAILABLE



On June 15th, Jaime Almandoz, M.D., M.B.A., FTOS, Medical Director, Weight Wellness Program and Associate Professor, Internal Medicine Div of Endocrinology at UT Southwestern, gave the PRIDE Month keynote address. His talk shared his personal and professional journey and highlighted the stark disparities faced by the LGBTQ community in health outcomes. He spoke of the critical need for culturally competent healthcare providers and structurally resilient institutions. The event featured remarks by EVP for Institutional Advancement, Dr. Marc Nivet, a live Q&A and a fun-filled quiz for attendees.

[Watch the recording here!](#)

CONNECTING WHO WE ARE TO WHAT WE DO

CAYENNE PRICE RECEIVES HO DIN AWARD FOR COMMUNITY IMPACT



Cayenne L. Price, M.D., was presented with the 2022 Ho Din Award at the Commencement Ceremonies by the Southwestern Medical Foundation. Dr. Price was recognized for her service and community impact. She volunteered with screening and healthy lifestyle education at local events, led planning for a medical service trip to the Dominican Republic, contributed to community education around the COVID-19 Vaccine, and produced an independent film about systemic racism and how to initiate social change. The Ho Din Award is the highest honor bestowed on a graduating UT Southwestern medical student.

[Read more here](#)

ANAND ROHATGI LAUNCHES SOUTH ASIAN HEART PROGRAM



Anand Rohatgi, MD, a Professor of Internal Medicine in the Division of Cardiology, has launched an innovative clinical program: The UT Southwestern South Asian Heart Program (SAHP). People of South Asian descent have a higher risk of developing heart disease and diabetes. SAHP offers a comprehensive evaluation including lab testing, one-on-one nutrition counseling, surveys, advanced imaging – to help individuals understand their risk factors and then come up with a plan to modify them. Appointments are available at the Las Colinas Medical Center.

[Watch the video to learn more](#)

Questions about this newsletter or suggestions for spotlights?

Contact the Division of Diversity & Inclusion via email DiversityInclusion@utsouthwestern.edu